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Functional Squat

The Monitored Rehab Systems Functional Squat is the first closed chain system specially designed for optimal reactive neuromuscular training and testing proprioception and coordination. The unique pivoting sledge design replicates the movement of a standing squat during the entire range of motion. The Functional Squat is ideally suited for use in the overall process from early to end- phase rehabilitation of patients with ACL and PCL injuries as well as patients with Total Hip and Knee Joint replacements.

Total Weight: 300 kg = 660 lbs

Length: 225 cm = 87.75 in

Width: 90 cm = 35.1 in

Height: 206 cm = 80.34 in.

Weight stack: 100 kg, optional 125 kg or 150 kg = 220 lbs,
275 lbs or 330

Computer Stand (28" wide x 30" deep) set at side of end foot plate.



CDM Sport is the exclusive distributor in the United States. CDM Sport is the single source.